



 at the end of  
the day it's good  
to switch off

Having some down time is good for us. Switching off lights, computers and photocopiers in work when they're not in use is just as good – for the environment and for saving money.

Power of One is Ireland's energy efficiency campaign and not only for the home. It's just as important at work. Find out what you can do to help make your workplace more energy efficient, visit [www.powerofoneatwork.ie](http://www.powerofoneatwork.ie)

what  change will you make?



power of one at work  
energy efficiency for Ireland



Department of Communications, Energy and Natural Resources  
Roinn Cumarsáide, Fuinnimh agus Acmhainní Nádurtha

In partnership with

 **SEI** SUSTAINABLE  
ENERGY  
IRELAND