





turn your heating down to a comfortable 20°C – lowering your thermostat by 1°C will knock up to 10% off your heating bill.



wait for the dishwasher to be full before you switch it on – a half full one uses the same energy as a full one.



switch off lights when you leave a room – energy and money is wasted by lighting unoccupied rooms.



what  change will you make?



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equipment on stand-by uses up to 20% of the energy it would use when fully on

don't forget  
to turn off the light



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unplugging your phone charger when its not being used will save energy



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don't overfill your kettle - only boil as much water as you need



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if in doubt switch it off at the plug



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